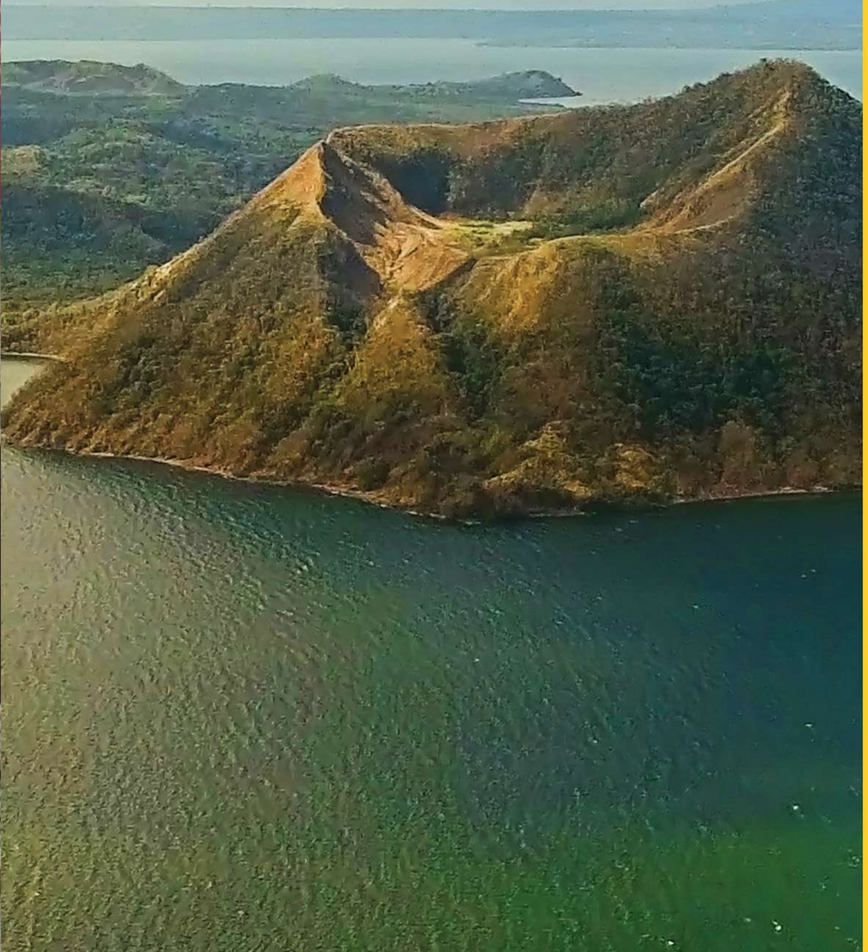
LOVE CALABARZON

REGION IV-A





CALABARZON

Welcome to the land of freedom fighters!
CALABARZON (Region IV-A) is home to some of the first Filipinos who fought for freedom against the Spaniards. This is where 2 of our Philippine Revolution heroes were born.
Our national hero, Dr. Jose P. Rizal was born in Calamba, Laguna, while Apolinario Mabini was born in Tanauan City, Batangas.

CALABARZON stands for its 5 provinces: Cavite (Ca), Laguna (La), Batangas (Ba), Rizal (R), and Quezon (Zon). It has a land area of 16,560 square kilometers, fitting 18 cities, 124 municipalities, and 3,985 barangays.
One notable thing about CALABARZON (apart from its quirky name) is that it is an industrial hub with many business and economic opportunities.

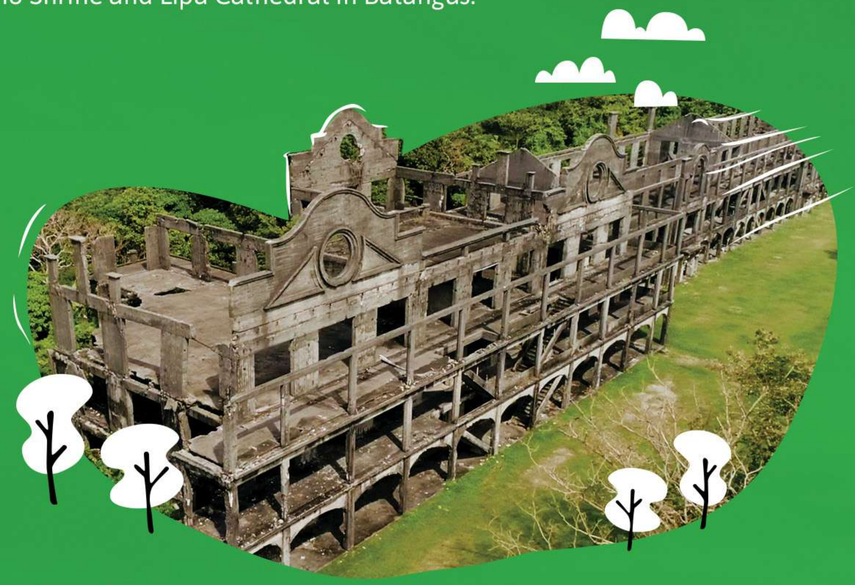
This region isn't all business. Historical sites and natural wonders are abundant in CALABARZON. There are numerous shrines, churches and landmarks dating back to the time of the Philippine Revolution. You can also see beautiful lakes and volcanoes with resorts around them where you can kick back, relax, and enjoy the view.





PILGRIMAGE AND FAITH TOURS

For those interested in the Catholic culture of the Philippines, CALABARZON offers some of the most sacred and serene destinations for pilgrimages or faith tours. This region is filled with churches and shrines such as the Antipolo Cathedral, Regina Rica in Rizal, Nuestro Señora de Candelaria in Silang Cavite, Sto. Sepulcro Parish (Lolo Uweng ng Landayan) in Laguna, Kamay ni Hesus Shrine and the Our Lady of Sorrows in Quezon, and Padre Pio Shrine and Lipa Cathedral in Batangas.



CAVITE HISTORICAL SITES

Visit Cavite, the historical capital of Southern Luzon, birthplace of great Filipino heroes, and the site of many key events of the Philippine Revolution. Cavite is where you can find the Gen. Emilio Aguinaldo Shrine, Bonifacio Trial House, Tejeros Convention, and the base of many soldiers back then, Corregidor Island. This is the province of heroes!



TAAL HERITAGE TOWN

Check out one of the most culturally-preserved sites of the Spanish Colonial Era, Taal Heritage Town. Its Spanish-style layout–one that combined the municipal hall, school, church and market is truly a blast from the past.



LAKE PANDIN OF SAN PABLO

Visit the most pristine of the seven lakes of San Pablo! This beautiful body of water is abundant in vegetation and marine life. Together with Lake Yambo, these combine to be known as “The Twin Lakes of San Pablo.” See the teal waters, plants, and fish yourself!



TAAL LAKE CRUISE & TREKKING

This is the centerpiece attraction for Southern Luzon. Cruise around the serene Taal Lake, then trek Taal Volcano, the smallest volcano in the Philippines. The usual adventure sequence would be to take a boat around the volcano island, visit the small farms and communities around it, then ride a bike at the circumferential road of Taal Lake. After a long day of exploring, relax and pamper yourself at one of the spas in the area.

MT. MAKILING

Legend has it that Maria Makiling, a mythical goddess in Filipino culture, lives in the form of this mountain. Hence the slopes that resemble a woman reclining. This beautiful mountain is actually an inactive volcano that rises over 1000 meters above sea level, giving life to more than 2000 different species of plants. Go visit their botanic gardens, see the University of the Philippines Los Banos Museum of Natural History, or bike/hike uphill along the lush pathways of the mountain.





COSTALES NATURE FARM

Calling all agri-tourists! Visit this peaceful farm, resting at the foothills of the majestic Mt. Banahaw in Majayjay, Laguna. This spot is perfect for those who want to experience the farm life, relax, and maybe learn the basics of organic farming for a day or two.



TAGAYTAY CITY

Gather your group of friends and bring your family along to the second summer capital of the Philippines. Away from the packed Metro Manila, this destination is a quick escape for tourists looking to enjoy the breathtaking view of Taal, the sight of coconut groves, or the many relaxing amenities the city has to offer.



ANGONO ARTIST VILLAGE

Known as home to brilliantly talented artists, Angono Artist Village features the art galleries and studios of some of the most revered families of artists. Angono was home to two Philippine National Artists, Carlos “Botong” Francisco for the visual arts and Maestro Lucio San Pedro for music. Today, it is deemed the Art Capital of the Philippines for its wonderful family art galleries and studios.

FUN THINGS TO DO



Sun and Beach

Get your shades and sunscreen on because CALABARZON has over 7 commercial beach areas ready for you! These beaches, like Laiya and Anilao, are perfect for all kinds of trips, whether that be for water sports, snorkeling, diving, or just relaxing. Almost everything is here for every beach person! Just take your pick.



Nature and Adventure

It's time to grab your backpacks and get moving! CALABARZON offers beautiful natural attractions that meet both your need for relaxation and adventure. The beautiful bodies of water in CALABARZON serve as amazing views and sites for leisure, while the many mountains of the region are perfect hiking destinations.



Food and Hospitality

CALABARZON is known for having amazing cuisine. In fact, there's a famous food festival called the Kulinarya of Quezon in the Quezon Province, and dozens of notable restaurants all around the region take part. This region also has plenty of resorts where you can reconnect with nature.



Health and Wellness

Right from the car you can already see the beauty of the area in the multitude of coconut groves and plantations that all lead up to the amazing view of Taal Lake. Tagaytay City is a major attraction with picnic spots, restaurants, resorts, and more. Take a deep breath and enjoy fresh mountain air and awe-inspiring views or visit the relaxing spas and wellness centers.



Events and Culture

If it isn't obvious yet, CALABARZON is a region full of culture and Filipino heritage. Apart from a cultural harvest festival called the Pahiyas sa Lucban, this region also boasts of many historical sites from the WWII era. Visiting them gives you great insight into the important events of that time.

TOP 5 FESTIVALS



Sorteo Festival

This celebration is a unique thanksgiving for bountiful produce in Carmona, an agricultural province. It is named as such, "Sorteo" (to draw or raffle), because the communal farm-lands are raffled off to residents of the province during this celebration.

WHEN: 3rd week of February
WHERE: Carmona, Cavite



Anilag Festival

Celebrate the protection of nature as this festival honors preserving the Mt. Makiling ecosystem with activities like traditional street dances, local produce and craftsmanship displays, fairs, and much more.

WHEN: March 6-12
WHERE: Provincial Government of Laguna, Santa Cruz



Pahiyas sa Lucban

This festival is one of the most colorful in the country! Made to honor the patron saint of farmers, San Isidro Labrador, this traditional festival celebrates the bountiful harvest of the towns around this province.

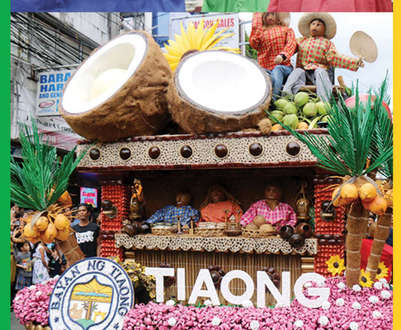
WHEN: May 15
WHERE: Lucban, Quezon



Higantes Festival

Watch as the image of San Clemente is brought around the streets of the province accompanied by devotees dressed in colorful boat paddles and giant paper mache effigies. This procession finishes at the beautiful Laguna de Bay.

WHEN: November 15
WHERE: Angono, Rizal



Niyogyugan Festival

This festival was organized in celebration of the birthday of first president of the Philippine Commonwealth under the U.S., Manuel Luis Quezon, the son of the province. The festival's name is derived from the words "niyog" and "yugyog" that translate to "to move to a beat," which is why dance competitions are included here.

WHEN: August 9-19
WHERE: Lucena City, Quezon

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